



We want you to have a satisfactory experience during your stay at the Woodhams Eye Center.

In order to help achieve this, it is important that you carefully READ & FOLLOW the enclosed instructions:

If you have any additional questions regarding your surgery, please do not hesitate to call us at 770-394-4000

Preparing for your INTRALASIK Procedure

...prior to your surgery

Remove contact lens:

1. Soft & Soft Toric Lens must be out TWO weeks before surgery unless otherwise directed.
2. Gas Perm & Hard Lens must be out TWO weeks plus ONE week for every decade worn (minimum 3 weeks) unless otherwise directed.
3. Purchase your prescription drops at your pharmacy and have them at home, ready for use as directed.
4. Carefully read and sign Informed Consent only if you are ready to proceed with surgery. If you have questions, mark them for further explanation upon arrival to the Clinic.
5. Payment will be collected prior to surgery. We accept MasterCard, Visa, AmEx, Discover, Capitol One financing, check or cash in the exact amount.
6. Arrange to have a driver pick you up about 2-3 hours after your arrival time. You will not be permitted to drive after surgery

...morning of your surgery

1. Relax, being nervous is very normal!
2. One to Two hours prior to surgery, use one drop of Zymar (antibiotic) and Pred Forte (steroid) in surgical eye(s).
3. Wash face & eyelids thoroughly. Remove all traces of eye makeup, moisturizer, and sunscreen.
4. Do not wear cologne, perfume, earrings or necklaces.
5. Leave valuables at home.

6. Wear loose-fitting, short sleeved shirt.
7. Do not eat one hour before your surgery time.

...upon arrival to the Clinic

1. Be sure that any questions you have regarding your surgery are satisfactorily answered.
2. You and your family should turn off all cell phones upon entering the clinic.
3. A sedative (Valium) will be offered but is optional.
4. Our staff will begin administering a series of eye drops once you are in the surgical area.
5. A protective covering will be placed over your hair.
6. The actual procedure takes only about 15 minutes.
7. Clear plastic goggles will be placed over your eyes after surgery. You may also wear sunglasses (provided by us) when outside.
8. You will receive a copy of Post-Operative instructions will go over them with a trained staff member.
9. Your driver will take you home.

General Post-Operative Information...

- It is important to keep your eyes closed and lubricated, while awake, after your surgery.
- You should take your pain medication as directed and go directly home to take a nap; this should alleviate your immediate discomfort after surgery.
- You should expect moderate to severe burning, stinging, tearing, runny nose, redness, mild swelling, and fogginess. These complaints usually resolve within 2 to 4 hours.
- You will be given a sleeping pill to help you sleep the night of surgery.
- You may drive to your one day post-op appointment.
- You may return to work one day after surgery.
- You will use eye drops for about two weeks after surgery as directed by your Doctor .
- You may wear eye makeup four days after surgery (buy new mascara and clean all brushes).
- You may not get your eyes wet from pools, lakes, hot tubs, or perspiration for two weeks. You may shower the day after surgery.
- You may resume your regular exercise routine the day after surgery but you should not get sweat in your eyes.
- You may experience dryness for several months after surgery; lubricating eye drops will alleviate these symptoms.
- Some patients report night halos after surgery. This is normal and will resolve after a few days
- You may donate your old glasses and un used contacts to the Lion's Club in the clinic drop box!

