

How to Prepare for Your Implantable Collamer Lens (ICL) Surgery

Please read the following instructions carefully.

This will insure the best results for your eyes and the most pleasant experience.

Your pre-op measurement and PI appointment is _____.

You must be out of contact lenses for **at least 2** weeks prior to testing unless otherwise directed.

- Please have the prescriptions for Vigamox filled at your pharmacy
OmniPRED is supplied by the clinic. Please bring your drops with you the day of surgery.
- You will use your drops after surgery and instructions will be given to you the day of your surgery.
- Please remember to get your pre-op physical (H&P) with your Primary Care Physician. It is a good idea to keep a copy of this form for yourself and bring it to the Clinic on the day of surgery.

Upon waking on the day of surgery use 1 drop of EACH DROP VIGAMOX, and OmniPRED drops in the **RIGHT and LEFT** eye.

Please arrive at the surgery center on _____ at _____.

Your surgery day VISIT will last about 4 hours.
Each surgery takes about 10 minutes.

Your 1 day follow up appointment is _____

Important Reminders for the Day of Surgery:

- You must be out of contact lenses for at least 24 hours prior to surgery.
- You may have a light breakfast prior to morning surgery and breakfast and a light lunch prior to afternoon surgery.
- Dress comfortably in a short sleeve shirt or blouse with no tee or undershirt.
- Leave jewelry, valuables and cell phones at home. You may wear a watch and/or rings.
- Do not wear any makeup, perfume or cologne, or binding clothes.
- Take all of your regular medications as you usually do.
- You must have a ride home on your surgery days.

If you have any questions, please call our office at 770-394-4000

Name

Date